

# 2009 USAWKF National Championships

September 26<sup>th</sup>, 2009

Falls Church, Virginia

Sanctioned by USAWKF

Organized by O-Mei Wushu Kungfu Center Inc.



- Multiple age groups
- Quality, professional judging
- Medals for top 3 places per division
- Beginner, Intermediate, Advanced levels
- Placement certificates for every competitor

## SPECIAL: Chinese Culture Exhibition

Featuring authentic

- Martial arts
- Acrobatics
- Dance acts
- Soloists

...and more!

Tickets available at competition site!



## Internal, External, and Weapon Forms

### Traditional Kungfu

- Northern, Southern, and Animal styles
- Short, Long, and Other Weapons

### Contemporary Wushu

- Changquan, Nanquan, Taijiquan (optional), Other
- Broadsword, Straight sword, Nandao, Taijijian (optional)
- Staff, Spear, Nangun

### Internal

- Taijiquan, Baguazhang, Xingyiquan, and other Internal styles
- 24, 42 Form Taijiquan, 32, 42, 56 Form Taijijian
- Yang, Chen, Wu, Sun, Hao, and other Taiji styles
- Other Internal Weapons



For more information visit <http://2009wshunationals.com>  
Have any questions? Contact us at [organizer@2009wshunationals.com](mailto:organizer@2009wshunationals.com)